

REPORT ON 'COCONUT FOOD PRODUCTS' TRAINING HELD AT CDB INSTITUTE OF TECHNOLOGY FROM 28.01.19 to 31.01.19

Four days Training programme on 'Coconut convenience foods' was conducted from 28.01.19 to 31.01.19 at CDB Institute of Technology, South Vazhakulam, Aluva. Eleven trainees participated in the training programme. The training programme commenced with registration of participants. On the first day (28.01.19), the Processing Engineer welcomed the trainees and made a presentation on value addition in coconut processing highlighting the scope and potential for coconut convenience foods, quality standards, food safety standards act, food packaging, and schemes for availing technical & financial assistance from CDB. In the afternoon session, practical demonstration on preparation and packaging of Coconut chips and coconut chocolate was conducted by Smt Aneeta Joy Food Technologist and Ms. Sonu Seline, Training Assistant. On the second day (29.01.19), practical demonstration on coconut lemonade, coconut cookies and coconut chutney powder was conducted. In the afternoon session, the trainees were divided into groups and hands on training on coconut chips, coconut chocolate, cookies, lemonade and chutney powder was conducted.

On the third day (30.01.19), Smt. Sumi.S.Nair and Ms. Preethi.K.S, Microbiologist handled a session on 'GMP and hygiene aspects in food manufacturing'. In the afternoon, demonstration session on preparation and packaging of products like coconut pickle, Tender Coconut Jam, Coconut jelly, coconut candy and coconut ladoo were conducted.

On the fourth day (31.01.19), Dr. Vaisakhan.K.A, Food Safety Officer, Kalamassery Circle handled a session on Food Safety. In the afternoon session, the trainees were divided into groups and hands on training of the above products was conducted. Virgin Coconut Oil processing by hot method was also demonstrated in the morning session. The program concluded with a feedback session and distribution of certificates.





